

Edited from the task – list ten generalisations around motivation

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1. Different people are motivated by different things.
2. A constant and varied workflow can achieve motivation.
3. A good working environment and friendly positive atmosphere promotes motivation.
4. Setting realistic and achievable goals can create a workplace where motivation can grow.
5. A sense of belonging to a winning team.
6. To be respected as an individual team member can create personal motivation.
7. Motivation is the desire to succeed.
8. There are two types of motivation – internal and external motivation.
9. Praise and recognition are good motivators.
10. Self motivation to succeed/gain glory can have the effect of demotivating others.
11. Those who get less than their perceived gain will be hardest to motivate next time.
12. Motivation by example alone is unlikely to have a 100% success in a group.
13. Those who motivate others by fear are likely to make enemies.
14. Incentives help motivation.
15. Being able to learn new ideas and ways of working motivates.
16. If you don't motivate yourself you will get stuck in a rut.
17. Happy staff are easier to motivate than unhappy staff.
18. Motivating others can be hard work!
19. Delegating responsibility promotes motivation.
20. A happy smiley face is all some people need.
21. Is motivation an integral part of the individual and cannot be taught?
22. Can empowerment be detrimental to motivation?
23. Motivation breeds success.

24. You must trust the motivator.
25. Is motivation money based?
26. Motivation breeds success and material well-being.
27. Does a successful and lucrative position breed greed and selfishness?
28. Motivation leads to improved productivity.
29. Motivation decreases staff turnover.
30. Managers also need motivation.
31. Creating guilt undermines motivation.
32. A secure future helps motivation.
33. Motivating yourself must come before motivating others.
34. Motivation comes and goes.
35. It is hardest to motivate, and be motivated, on Fridays.
36. Motivating someone is most effective when unnoticed.
37. Motivation must be tempered by realism.
38. Working long hours is not being motivated.
39. As long as you are happy with yourself, no-one else matters.
40. Every task is an opportunity to impress.
41. Making people feel important motivates.
42. Everybody needs motivating.
43. Giving responsibility can be a motivator.
44. Motivated staff are happy in their work.